

SOLEO

music in motion



www.soleo-info.com



CONTENTS

PRESENTATION	3
BIOGRAPHIES	4
INTERVIEW	6
CULTURAL ACTION	8
TECHNIQUE	9
TOUR	10
CONTACT	11



PRESENTATION

A staggering blend of body percussion and modern music

Let's wake up and let's be aroused! Deeply dipped in the working life, three individuals are seeking to combine dreams and reality, to change their sight upon life, until they manage to transcend daily routines. They stir, they meet, they collide and face their universe with music.

Body percussion, vibes, voices, keyboards and guitars in support of frenzy, poetry, humour and love; this show is a choreographed and dramatized musical encounter of music and movement, laughter and wonder, elsewhere and here. It is a dynamic and explosive performance inviting us on an inner journey, giving us the chance to share and to go in search of others.

This show brings together three young and complete artists, which are at once multi-instrumentalists, composers and overactive pedagogues.

It is creative, modern and highly entertaining.

SOLEO is based in Grenoble in the Rhône-Alpes region of France.

Sophie Boucher: body percussion, bass guitar, guitar, voice

Sébastien Le Guénanff: body percussion, vibes, piano, voice

Julien Vasnier: body percussion, kalimba, voice

Musique: original music composed by Soleo

Sound: Benoît Chabert d'Hières, Tullio Rizzato

Light: Benjamin Croizy, Jessica Lapouille

Directing support: Simon Filippi

Choreography support: Thomas Guerry

Photo: William Belle

Production: Braslavie Association



BIOGRAPHIES



SOPHIE BOUCHER

body percussion, bass, guitar, voice

1m56, musician, kitesurfer/ graduation certificate in guitar studies, engineer degree and Master's certificate in cultural management projects.

Constantly attracted by rhythm, this musician plays guitar and bass at the music academy, percussion and many dancing steps in her bedroom. Involved and invested in the associations' world, engineer and cultural action manager, she organizes concerts, workshops and trainings throughout France and abroad, while continuously experimenting all art forms blending music, dance and movement. Currently, she is composer-interpreter in projects involving music, dance and theatre and is a body percussion teacher.



JULIEN VASNIER

body percussion, melodica, kalimba, voice

1m90, musician, stuntman / degree in musicology, DEM Jazz certificate.

Drummer since the age of nine, he soon falls in love with jazz and grooves typical from traditional world music. In contact with major tap dancers, he discovers body percussion. He very quickly devotes himself to this language that seems to be sticking on him, leaps and jumps and acrobatics included. Currently teacher, he co-writes and plays in Soleo and Zou! shows, and works with Camille Rocailleux and the E.V.E.R company.

BIOGRAPHIES

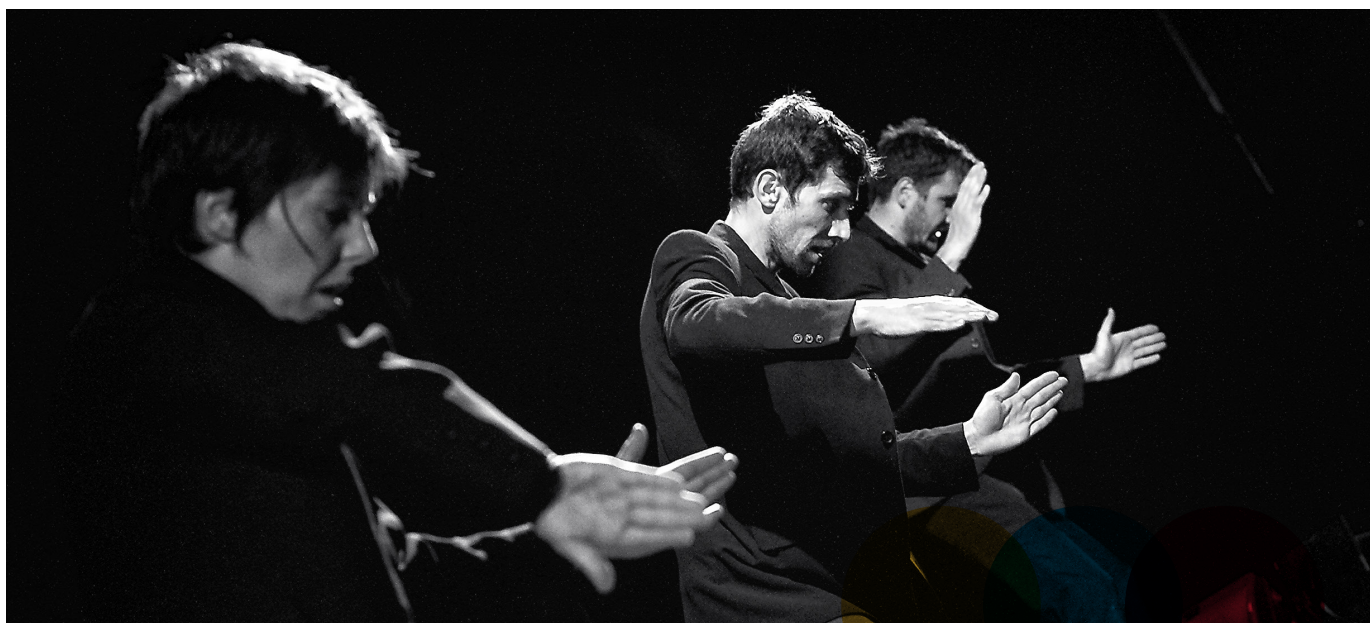


SÉBASTIEN LE GUENANFF

body percussion, piano, vibes, voice

1m80, musician, cyclist / CNSMD Lyon certificate, percussion teaching CA and percussion teacher at the Grenoble Music Academy.

Captivated very early by brass band drums, piano and handiwork, he discovered quite fast the richness of percussion instruments, keyboards and tools. His musical qualities are nourished by classic percussion practices, jazz improvisation and choral singing. He is also an overactive pedagogue very implied in institutional, school and associative teaching.



INTERVIEW

**With Sophie Boucher,
Sébastien Le Guénanff and Julien Vasnier**

How did you create the show?

SOLEO is the result of the meeting of three musicians longing to share and learn from one another. Each one of us brought his own musical universe, ideas, instruments, experiences and his will to blend music and movement around body percussion. Our first desire was to build an energetic show, fun and poetic, skilfully blending instrumental music and body percussion, but above all, share and give the opportunity to live an artistic and human experience with different audiences.

As we moved on with our work, our «concert» transformed itself into a «performance», specifying our artistic purpose: what balance can we find between our daily routines (work shifts, schedules...) and our dreams? This is why, in our show, we tell the story of three



characters that refuse to live an individual and planned life, and they clearly decide to build something together, to have a different outlook on the world. You will see repetitive percussive gestures, alienating, devoid of any humanity (with reference to Charlie Chaplin's Modern Times) alternating with poetic and joyful music.

What ideas do you want to transmit with this show?

The show's main idea is to bring people to dream, to feel and to express their emotions, to be in a positive energy, and finally to bring people to realize their dreams, to show that our happiness, as much as our unhappiness, greatly relies on the way we choose to set upon life.

During a school session, what do the pupils have to know to safely approach the show?

We wish that all pupils let themselves be swept away by the music and the images, in order to make up their own stories, that they feel a whole journey of emotions while they live the show.

It might be useful to them to know the film or at least extracts of Modern Times by Charlie Chaplin to allow them to understand part of the purpose developed in the show.

INTERVIEW

What are the requested qualities to be considered as a good body percussionist?

To be aware of the possibilities of your own body movements, dare to move and dance and have pleasure doing it. Develop the sense of rhythm and pulsation by feeling weight on ground and to remain at ease and loose whatever happens, from body to mind. The important thing is to be curious about all music rhythms and to feel them in your body.



All three of you are artists AND teachers. Are these jobs so different from one another?

They are indeed two different jobs but at the same time complementary and definitely enriching each other. In both jobs:

- *there is creation, research and experimentation (sounds, phrases, pedagogical methods), we make errors, we adapt,*

- *there is transmission: know-how or theory, and emotions on stage.*

The show allows us to go as far as possible in our activity, and teaching helps us to put words on our ideas, to have the benefit of hindsight. Both jobs are sources of intense pleasure; they are two ways of transmission that complete themselves perfectly.

Teaching also reminds us that the artistic practice is a fundamental social vector and we can think about our artistic job as a «living-together» commitment and sharing process. We love to share with the audiences, in workshops for example, and search for the artist in each participant.

CULTURAL ACTION



Around the Soleo show, we can offer several cultural actions:

- **Body percussion workshops** for all audiences (children, adults, music teachers, actors, dancers...), from 1 hour to 5 hours depending on the trainees'/participants' profiles
- **All audiences or young audiences** performances (show duration can be adapted from between (40/50min to 1 hour))



Travelling around the world is the best way to assert that body percussion are present on all continents, in all cultures. Each time, dances, songs and music instruments are intimately connected with body's sounds : clapping hands, feet, chest, voice etc. The world and its traditional music is filled with diverse and miscellaneous body percussion, some existing since a century or more, others having come out just recently. All the rich experiments lead by musicians such as Bobby Mc Ferrin, Keith Terry, Fernando Barba, or more recently Stomp, contribute to make body percussion a definitely modern and contemporary art.

Sound and body movements exploration allows each of us to get fully involved in music with our whole body, and not only with a sole part of it. Collective body percussion practice also conducts towards a better attention, exchange and complementarity between each individual sound universes.

TECHNIQUE

Duration of the show:

50 min

Stage dimensions:

10mx7m

Number of people in the audience:

from 100 to 600 people

Types of audience:

children from 6 years old and adults (show with double level reading)

Technical installation time :

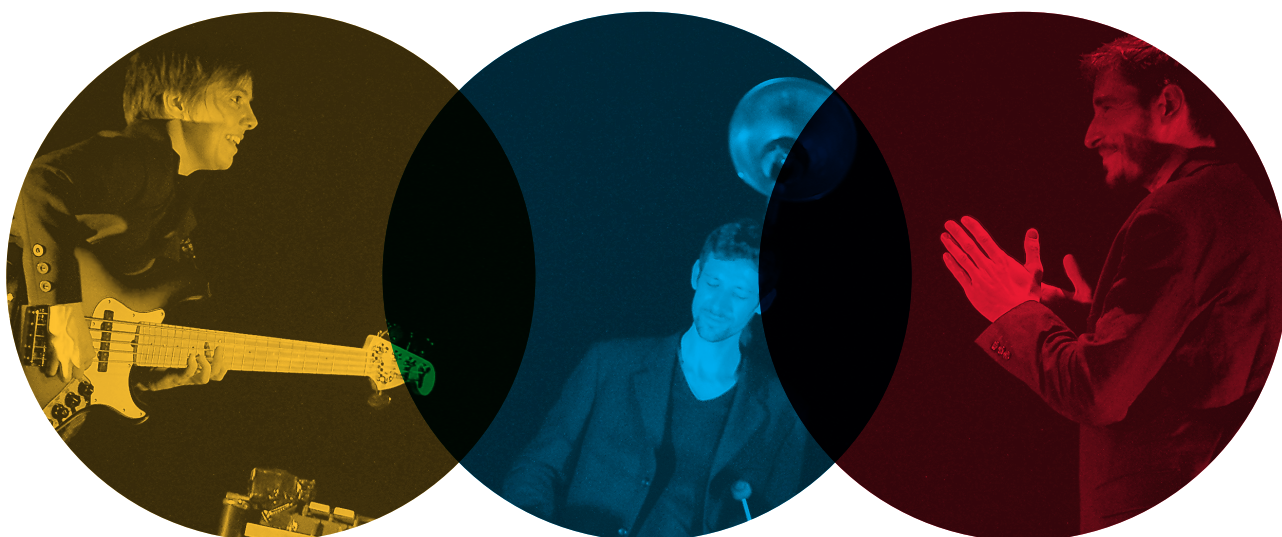
4h

People on tour:

5 people (3 musicians and 2 technicians)

Technical riders:

in annex



TOUR

SOLEO Show exists and evolves since 2011. It has around 200 performances in France and Europe.

YAM Session – Zagreb (Croatie) / Auditorium de Peronnas (01) / La Presqu'île - Annonay (07) / Espace Jean Vilar – Revin (08) / Auditorium Petrucciani – Montélimar (26) / L'Éclat – Pont Audemer (27) / Espace Malraux – Châteaudun (28) / L'Arcadie – Ploudalmezeau (29) / Espace Glenmor – Carhaix (29) / Le Triskell – Pont l'Abbé (29) / Auditorium Saint Pierre des Cuisines – Toulouse (31) / Salle Bellegrave – Pessac (33) / Entrepôt des Jalles – Haillan (33) / Espace Treulon – Bruges (33) / Théâtre Molière – Sète (34) / Espace Paul Jargot - Crolles (38) / Centre Équinoxe – La Tour du Pin (38) / La Chaufferie - Grenoble (38) / Théâtre George Sand - Saint-Quentin-Fallavier (38) / l'Atrium – Dax (40) / La Capranie – Ondres (40) / Théâtre municipal de Mont-de-Marsan (40) / La Passerelle – Fleury les Aubrais (45) / Théâtre du Donjon – Pithiviers (45) / Salle Chabrol – Angers (49) / Théâtre de Laval (53) / Centre Culturel – Haubourdin (59) / Théâtre municipal de Fourmies (59) / Acte 2 -Lyon (69) / CFMI de Lyon (69) / Cité des Arts - Chambéry (73) / Le Dôme - Albertville (73) / L'Agora – Bonneville (74) / Conservatoire d'Annecy (74) / Cité de la Musique – Paris (75) / Théâtre de Poissy (78) / La Licorne – Olonne sur Mer (85) / Palais des Congrès – Vittel (88) / Auditorium – Épinal (88)

Tournée JM France 2014 – 2016 : 150 performances all over France.

CONTACT

Association BRASLAVIE

26, boulevard Maréchal Foch
38000 Grenoble

Email : braslavie@gmail.com

Siret : 530 272 558 00012

Code APE : 9499Z

Licences : 2-1080180, 3-1080181

Email : infosoleo@gmail.com

Phone : +33 6 51 45 99 13

Websites

www.soleo-info.com

www.facebook.com/soleo.infos

www.braslavie.com

SOLEO
music in motion